Since then the Lake Barundi have not changed much as regards their physical and mental constitution, but the individual tribes were struck by a terrible epidemic of sleeping sickness and were reduced to scarcely a third of their original numbers, so that in 1911 I found most of the formerly flourishing settlements deserted and laid waste. Fortunately the stinging [136] fly, Glossina palpalis, which carries the infection, has not penetrated into cool, windy, upper Urundi, and it probably never will since it does not find favorable conditions there.

4. Mental Traits

At this point little will be said about the mental traits of the Barundi since they can be adequately inferred from the detailed descriptions of their life and of their material and intellectual culture which will follow. Therefore, I shall give only a few data about the disposition, temperament, and character of these three large population groups which differ so considerably from each other.

Of the Batwa, the more primitive, freer Forest Batwa are also much freer mentally than those who have settled among the Bahutu and Batussi. Like all hunting tribes, they are characterized by their extraordinarily sharp senses, the superiority of which is very often experienced and still feared by the Bahutu as they advance against the forest in search of arable land. As long as he can still hunt and live, freely roaming the forest, the Mutwa is very proud of his independence and looks with contempt upon the Muhutu wretched and bent low tilling his field, and also on the Village Mutwa living outside the forests who has to earn his living painfully either by working in the fields or as a potter or blacksmith. Toward a European the Mutwa is in most cases, if not hostile, at any rate shy and ostensibly indolent, for even in peaceful intercourse he is afraid of the sorcery and formidable powers of the Whites.

[13] The Village Batwa are in all circumstances shy and cringing as a result of their social position as pariahs, of which

Barrenness (ingumba) is
842 regarded as a misfortune and is grounds for divorce. It is not
586 unusual for a Barundi mother to give birth to a child just one year after a previous birth. In Ussumbwa the period will be at least two years since an infant first has to be weaned before intercourse is permitted again; this is not the case in Urundi.
165 Child mortality also is very high in Urundi. Of the children 13 to 15 years old fewer than two thirds survive. One may often hear women saying that they lost ten children, but a sufficient number is left because of the high fertility (van der Burgt, Koloniale Rundschau [Colonial Review], 1913, pp. 721-722).

844 When delivery (uwurjasi) is near, the woman in labor is assisted by a few women neighbors who are called in and, in difficult cases only, by a "wise woman" or the medicine man who operates with all kinds of magic but who also uses really effective methods and techniques, ranging from herbal medicine
845 and light massage to Caesarean operations (see pp. 140, 142 ; No. 19, pp. 9, 363). I do not know how this latter operation is performed; presumably it is only performed on dead women in order to save the child or to remove it, as is expressly reported by Emin Pascha of the Bahima of Unjoro (Petermanns Mitteilungen [Petermann's Communications], 1879, p. 393).
[171] The Caesarean operation is also known in Ruanda, Ussuwi,
844 Kisiba, and Uganda (No. 48, p. 228). During her labor the woman lies on her sleeping mat, or she squats on the ground with her back propped against one of the poles which support the hut or with some other person supporting her from behind. At this time the men leave the hut. As soon as the child is born, it is washed with cold water and rubbed with butter. The placenta is buried in the hut under the mother's bed; the umbilical cord is severed with a chip of wood and kept as an amulet by the mother. The newborn infant's body is then squeezed and pulled by the mother so as to give the head and limbs the proper shape (No. 19, p. 9). Deformation of the skull, however, is not practiced.

846 After giving birth, the mother is washed with warm water, and her body is rubbed with herbal juices. She remains in the hut for four or five days, depending on whether she has given

[141] The average stature of the Batwa, or Negrillos, does not ex-
142 ceed 1.59 meters. Short and stocky, rather poorly proportioned, they tend to have ungraceful bodies. They are hairy; their chest especially presents a large surface of hair. Prognathism is more pronounced among them than among the Bahutu. They are also less sensitive to
147 cold and fatigue, at least those who live in the woods, for they are used to privation and to the inclemency of the seasons.

[165] Their vigor and longevity are now proverbial. This is why the
551 Batutsi and Bahutu like to give their children Batwa names, such as Mutwa, Gatwa, /30/ Lwamukore, Sekarahenyi, etc., as if they could infuse the physical traits of that race into them along with the
757 names (1). Any bone, so long as it has belonged to a Negrillo, is
826 reputed to be a sovereign remedy for an infirmity called makonyora, which is one of the aftermaths of yaws.

1. In the same line of thought and for similar reasons, the Blacks often bear the names of certain animals such as the hyena, lion, dog, etc.

[751] Little bones of this sort are worn around the neck as amulets.
The Bahutu faith in this kind of grigri goes further. Until
789 recently, they believed all that was needed to improve the yield of a field was to throw a Negrillo's finger into it, hence the word ilemo ("creation," that is, "fertility") given to this sort of object, and the word kulemesha ("to fertilize") referring to the procedure.

563 The way of life, habits, and temperament of the Negrillos in no way resemble those of the other ethnic groups (2). The Batutsi are

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2. Prehistorians and physical anthropologists "have scientifically proved that the dwarfs, or pygmies, who have been found at all times in some parts of Africa, belong to a human race distinct from the Blacks.
142 Not only are they, on the average,

428 [768] The widow whose son was chosen as chief legatee usually enjoys the use of the family property until her death. The sharing is definitively carried out only after she has left this world. A childless widow is usually sent away by her husband's relatives, who share among themselves the property of the deceased. On being dismissed, she is left merely with a mat and a few household utensils. If she is fairly young, one of her brothers-in-law takes her as a concubine or gets her another husband. /51/ When a child loses both parents, he 429 is given a guardian. The legal guardian is the paternal grandfather, or lacking him, an uncle, a paternal first cousin, or lastly the chief of the village himself.

Maternal uncles and aunts, especially if they belong to another clan, cannot as a general rule manage the orphan's property. This would give rise to disputes and legal porceedings among the members of both tribes. They may bring up the child at best.

The guardianship devolves by right to relatives on the paternal side. They administer the ward's property until he comes of age, [582] that is to say, until the day when he takes a wife. This usually happens at the age of eighteen or nineteen.

If only daughters are left, the nearest paternal relatives [428] inherit the family property, but they must take care of the orphans until they marry.

If a person dies childless and leaves no relatives, his property devolves by right to the hill chief. This property is called inkungu.

[165] The families are large, but child mortality is high.

851 551 Eight days after ~~his birth~~ the newborn child receives from his father a name that befits the circumstances (1). The mother /52/ is

1. "We notice that all men," says Mgr. LeRoy, "give themselves names that characterize them, and frequently the best one they could find was that of an animal whose strength, skill, agility, or beauty they had noticed, of a plant that was useful to them. . . . of an object or phenomenon which had struck them." (Les primitifs /Primitive Peoples/, p. 126.)

554 always loyal and devoted. The *umutoni* is before all else an informer.
571 It is the way to show his interest in the well-being of his superior. It is for this that he is favoured and given gifts. Men who are poor or women who are by law without property, if they know how to play the role of the inferior effectively, can become rich, have their advice heeded, and find life most agreeable.

Attitudes and behaviour change according to role. Everyone has his turn as an inferior, if not to a human being, then to *Imana*. Adult Rundi have their turn as superiors to their children and to various others according to their rank. There is an astonishing ease and rapidity of psychological change according to the situation.
[586] The very man who explains to you today that he has sent his wife back home because she did not work enough, will tell you tomorrow that he was dismissed by his master for no other reason than that his enemies calumniated him—he does not see that he has been disobedient or lazy. A woman who has just served her husband his dinner from a humble, kneeling position, on leaving the house, gives haughty, authoritative commands to the men who work for her. Like any other superior, a woman as the mistress of her house, as a mother, and as an elder sister, commands and punishes. She is respected, she chooses her favourites, and her inferiors ask her for presents. When her role is that of an inferior, she must be obedient, she must work, she must ask for presents, she tries to win the affection of her superior, and she is jealous of those who receive presents.

461 The Rundi conception of the innate differences between men and women is as well-defined as their conception of the innate
562 differences among the various castes and of much the same content.
564 Both Tutsi and Hutu and men and women agree on the stereotypic differences of physique and of psychology between the two sexes. To begin with, it is believed that women are better suited by nature than men for manual labour. They work better and longer in the fields than men. The Hutukazi are able to carry on their heads
[482] burdens twice as heavy as those which men can carry. It is generally known that there are more old men than old women and that
[165] women age more quickly than men. The Rundi refuse categorically the hypothesis that those who work harder die younger. Men and women both insist that women are made for work and that they die younger because of the hardships of child-bearing. It is nonethe-
[842] less believed that the male role is more important than that of the female in procreation. Woman, says the proverb, is only the passive earth; it is the man who provides the seed.
562 Stronger than men, women are thought to be less agile. Conse-
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Women of Burundi: A Study of Social Values

Many children represent happiness for both men and women in Burundi. Women adore babies, and a pregnant Rundikazi is a happy woman. Only very rarely do women go into the bush to look for the medicines that cause miscarriage. (For unwed mothers, the motivation is obviously different). It is not possible to find a Rundikazi, even a great-grandmother, who will admit that she is *umukechuru*, a woman beyond the age of child-bearing. A woman who is sterile, or who has had only one child and never again conceived believes that she has been cursed by her paternal aunt or is the victim of witchcraft. Some women produce Gargantuas, children they have carried for 11 months, or 15 months or even two years. The Rundi are by no means ignorant of the biological cause and signs of pregnancy.[16] They simply refuse to acknowledge any other alternative conditions than pregnancy or nursing mother. It is also not for a lack of knowledge of the biological facts that men have no interest in the biological paternity of their children. If a brother or cousin is the biological father, this is no more than is to be expected. If it is a stranger who has got his wife with child, he has made the husband a free gift. The father does not reproach his wife if she has conceived during one of his long absences from home, nor is he at all prejudiced against those of his children who have been fathered by other men, when the time comes to choose his heritor.[17]

Among the princes and the Tutsi of the very good patrilineages, the mother does not take care of the children except to nurse them. A governess, a woman from a family only slightly lower in the social scale than that of the child, looks after it. At present, the wealthy send their school-age children to European schools far from home. In the past, young adolescents were sent to be brought up by princes and princesses. Among the commoners, an infant is with its mother day and night. He is carried nude on her naked back and nursed at the first whimper. The mother plays with her baby, especially with her son, tickles it everywhere, and talks baby talk to it. She adores her baby, but the moment she finds herself pregnant again, she immediately weans her child. The child, who is probably between 18 and 24 months old, is abruptly separated from his mother. He is handed over to a brother, a sister, a grandmother, to anyone who will have him. Sometimes, the grandmother or a grown-up sister will permit a newly-weaned child to suck at the dry breast, but soon the child is put on the ground to crawl about, to play, and to learn that life is hard. It is not surprising that the mortality rate of newly-weaned children is very high.

If there has been a divorce, the departing wife takes with her